



# BRAIN INJURY REHABILITATION PROGRAM

**OUTPATIENT / REHABILITATION DAY PROGRAM  
OMAHA CAMPUS**

**161**

## NUMBER OF PEOPLE SERVED IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- **Specialty Clinics and Assessments**—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

**161** people with brain injury were served by RDP/OP in Omaha. **101** (62.7%) had a traumatic brain injury and the remaining **60** had a non-traumatic brain injury.

The average age was **39.2** years old.

## AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

|                      | RDP  | OP   |
|----------------------|------|------|
| Physical Therapy     | 15.6 | 15.8 |
| Occupational Therapy | 15.8 | 13.4 |
| Speech Therapy       | 14.8 | 13.9 |

As appropriate, patients with brain injury also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

## LENGTH OF PROGRAM

Individuals with brain injury attended RDP for an average of **20** days.

## EXPECTED OUTCOMES

While individual results vary, last year most people with brain injury functioned at an independent level with or without using adaptive equipment at the time of discharge.



## BRAIN INJURY REHABILITATION PROGRAM

### OUTPATIENT / REHABILITATION DAY PROGRAM - OMAHA CAMPUS

## PATIENT SATISFACTION

- **100%** of people in RDP/OP with brain injury rated their overall experience as excellent or good.
- **100%** said they would “definitely” recommend Madonna TherapyPlus to family and friends.



## UNPLANNED TRANSFERS TO ACUTE CARE

Last year **4** individuals with brain injury were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

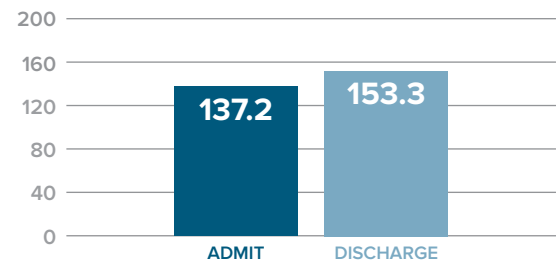
## LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

## INDEPENDENCE LEVEL

Patients with brain injury in Madonna’s Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change—Admission to Discharge

## ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Brain Injury Specialty Program.