



STROKE REHABILITATION PROGRAM

OUTPATIENT / REHABILITATION DAY PROGRAM OMAHA CAMPUS

248 NUMBER OF PEOPLE SERVED IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.

The average age was **63.4** years old.

Age	# Served
0–18	12
19–34	9
35–64	106
65+	121

AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	OP
Physical Therapy	11.7	14.5
Occupational Therapy	11.5	13.8
Speech Therapy	11.7	13.8

AMOUNT OF THERAPY (CONT.)

As appropriate, people recovering from a stroke also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

LENGTH OF PROGRAM

Individuals recovering from a stroke attended RDP for an average of **14.8** days.

EXPECTED OUTCOMES

While individual results vary, last year most individuals recovering from a stroke were functioning independently with an assistive device or needing extra time to complete tasks (modified independence level) at time of discharge.

PATIENT SATISFACTION

- **93.9%** of stroke survivors in RDP/OP rated their overall experience as “excellent.”
- **95.4%** said they would “definitely” recommend Madonna TherapyPlus to family and friends.





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UNPLANNED TRANSFERS TO ACUTE CARE

Last year **12** individuals with a stroke were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Stroke Specialty Program.

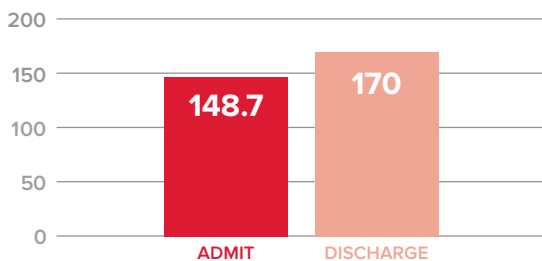
LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

INDEPENDENCE LEVEL

Patients recovering from a stroke¹ in Madonna’s Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change-Admission to Discharge