



# STROKE REHABILITATION PROGRAM

OUTPATIENT / REHABILITATION DAY PROGRAM  
LINCOLN CAMPUS

**226**

**NUMBER OF PEOPLE SERVED**  
IN ONE OR MORE OF THE FOLLOWING AREAS

- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- **Traditional Outpatient (OP)**—Physical, Occupational and/or Speech Therapy 1-3 times per week. Rehabilitation Psychology available.
- **Specialty Clinics and Assessments**—specialized services focused on areas such as vision, swallowing, wheelchair mobility, communication or long term follow-up.

The average age was **64.2** years old.

Age	# Served
0-18	4
19-34	7
35-64	89
65+	126

## AMOUNT OF THERAPY

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	OP
Physical Therapy	17.2	11
Occupational Therapy	17.5	9.7
Speech Therapy	16	12.1

As appropriate, people with a stroke also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

## LENGTH OF PROGRAM

Individuals with a stroke attended RDP for an average of **18.8** days.

## EXPECTED OUTCOMES

While individual results vary, last year most individuals with a stroke were functioning independently with an assistive device or needing extra time to complete tasks (modified independence level) at time of discharge.



# STROKE REHABILITATION PROGRAM

## OUTPATIENT / REHABILITATION DAY PROGRAM - LINCOLN CAMPUS

### PATIENT SATISFACTION

- **90.5%** of people in RDP/OP with a stroke rated their overall experience as “excellent.”
- **93%** said they would “definitely” recommend Madonna TherapyPlus to family and friends.



### UNPLANNED TRANSFERS TO ACUTE CARE

Last year **9** individuals with a stroke were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

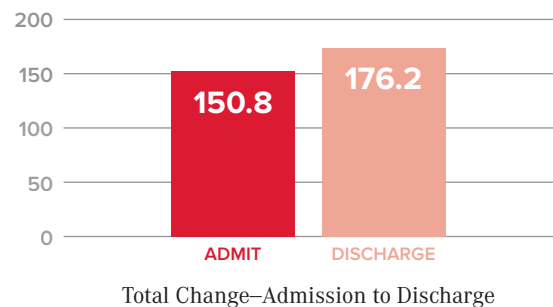
### LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

### INDEPENDENCE LEVEL

Patients with a stroke in Madonna’s Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



### ACCREDITATION

Madonna Rehabilitation Hospitals are accredited by CARE, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Stroke Specialty Program.